



June 2018

Dear Prospective or Returning JDRF Youth Ambassador:

We are writing to invite you to participate in the 2018-2019 JDRF Youth Ambassador Program. This group is made up of children with type 1 diabetes, between the ages of 7 and 18 (second grade to senior year in high school), who are interested in becoming involved with the educational and volunteer efforts of the JDRF, Los Angeles Chapter.

The responsibilities of this group include providing awareness to our community while giving volunteer hours to JDRF to support its mission to decrease the burden of type 1 diabetes until we achieve a world where type one becomes type none. In addition to these responsibilities, the JDRF Youth Ambassador Program provides members with several ways to socialize with other members to promote friendship, support, and good times!

Every year JDRF strives to integrate resources that make the Outreach Program stronger and more beneficial to its participants. Our goal for Youth Ambassador Program participants is to feel ownership and pride in their group and work contributing to furthering the JDRF mission during their involvement. We have a number of opportunities to stay engaged throughout the term. These opportunities range from participating in JDRF fundraising events and representing JDRF in the community to attending Youth Ambassador activities where you will be surrounded by individuals with similar philanthropic principles and the hope to one day cure T1D and its complications through the support of research.

We hope you will choose to participate in the JDRF Youth Ambassador Program this year. You have the ability to spread diabetes awareness and help JDRF in many ways that only you can. We need your voice, your participation, and your leadership. Enclosed you will find a sheet expanding on the responsibilities that you will be asked to fulfill, as well as, a JDRF Youth Ambassador Program application form. **Please return your completed forms no later than Friday, June 29, 2018.** We will hold a kick-off event for the Youth Ambassadors. Details about the kick-off will be forthcoming.

Please complete the form and send it back one of three ways:

E-mail: spietrzak@jdrf.org

Fax: 213.622.6276

Mail: 811 Wilshire Blvd., Ste 1600, Los Angeles, CA 90017

On behalf of JDRF, we are looking forward to working with you. Together, we can make a difference!

Warmest regards,

A handwritten signature in blue ink that reads 'Sue Pietrzak'.

Sue Pietrzak/Development Director
213.233.9905



REQUIREMENTS/RESPONSIBILITIES 2018-2019

Requirements

1. Have type 1 diabetes
2. Be willing to share your personal story in front of large groups and the media
3. Have a positive outlook on life and diabetes
4. Be within second and twelfth grade (ages 7-18 years old)
5. Commit to participating in the program for a school year (July 2018 – June 2019)
6. Complete a minimum of 20 hours of participation in volunteer service at JDRF events and community outreach dealings
7. Make your best effort to attend four (4) Youth Ambassador social activities
8. Obtain parental permission in writing to be a part of the Youth Ambassador Program
9. Provide a one page essay about yourself (details provided on the application)
10. Arrange for transportation to and from JDRF responsibilities and social activities
11. Create your own Family Walk Team or become a fundraising member on another Youth Ambassador's Family Walk Team
12. Procure a Youth Ambassador Inspired Auction Item or Package for the JDRF Imagine Gala

Responsibilities

Health Education of the Community/Volunteer Efforts for JDRF (Participation in some activities will be based on age appropriateness).

1. Provide health education to community through:
 - Public speaking and presentations to schools, hospitals, companies, and organizations
 - Production of radio and TV PSA's
 - Type One Nation participation
2. Perform general public relations activities
3. Create awards, medallions, and other special gifts
4. Provide office assistance (i.e. assist with invitation mailings)
5. Participate in Gala activities
6. Participate in Walk activities
7. Make calls to JDRF donors and sponsors to thank them for their support



OFFICE POSITIONS 2018-2019

Youth Ambassadors (YA) Members will have the option to become a Youth Ambassador Officer. Candidates will have the opportunity to introduce themselves to members of the Youth Ambassador Program at the Kick-Off Party.

Please return your completed form indicating your interest in running for office no later than June 29, 2018.

Members will cast their ballots and the 2018-2019 Officers will be announced at the end of the day. We are now accepting nominations for the following positions:

- **President** – Members entering into their sophomore year up to senior year in high school may nominate themselves to run for President. The Youth Ambassador President will primarily act as the voice for members of the Youth Ambassador Program and will also assist in coordinating and determining social activities for one term. President will speak on behalf of Youth Ambassadors at JDRF events and in the community. Position holder is required to be active and present at all Youth Ambassador activities and JDRF events where Youth Ambassadors have been invited. This position can be held for up to two (2) terms.

- **Historian** – Members entering into the seventh grade through senior year in high school may nominate themselves to run for Historian. The Youth Ambassador Historian will hold the memories of the group in his/her hands. By collecting first-hand accounts, photographs, newspaper clippings and other memorabilia throughout the year he/she becomes actively involved in our YA community while providing future members with a detailed record of YA participation. The Youth Ambassador Historian must be willing to attend as many Youth Ambassador events and activities as possible to capture these moments. The Historian will create a slide show that will be presented at the end of the year celebration for all Youth Ambassadors and their families to enjoy. This position can be held for up to two (2) terms.

SPEAKERS BUREAU 2018-2019

SPEAKERS BUREAU

We are looking for YAs who love to educate others about JDRF, life with T1D, and are willing to speak in front of a group of current and prospective donors. YA Speakers Bureau members will help increase JDRF's fundraising goals through presentations and speaking engagements that motivate members of the Los Angeles community to become involved and give generously to our organization.

As a participant in the JDRF Youth Ambassador Speakers Bureau you will be called upon to speak at various times and locations throughout the year including but not limited to such occasions as: TV and radio interviews, school assemblies, health fairs and in front of corporations.

Coaching sessions will be provided to all who commit to be a part of the Speakers Bureau. The training sessions will provide you with facts and information regarding JDRF and T1D as well as helpful tips and exercises to strengthen public speaking skills. Although JDRF will provide you with speaking points and, at times, a script that will help prepare you for each speaking engagement, the training received through the Speakers Bureau will aid in preparing you for presenting in front of audiences large and small as well as in front of television cameras.

Participants will be placed on a rotating list to ensure that each speaker be called on at least once a term. Please be aware that some speaking occasions could be during school hours.

Requirements:

- Must be at least ten years old
- Must be able to read and write proficiently
- Make every effort to attend all sessions, as each session builds upon the last lesson. If missing a session is unavoidable, one session may be missed with advance notice provided to Susan Nelson at ssnelson@jdrf.org

Conduct:

- No cell phone use unless it's an emergency
- Be respectful and supportive of your peers when they are presenting
- Be attentive, keeping side conversations to a minimum
- Participation is always encouraged

The Speakers Bureau was created to help you become great thought-out speakers.

By the end of the Youth Ambassador term, you will have improved in the following:

- Creating your story
- Sharing your story
- Connecting with your audience
- Eye contact
- Breathing control
- Thinking on your feet
- Voice projection
- Pacing of speech
- Body language
- Addressing a small or large room

How are you going to learn to do these things:

- Games
- Exercises
- Incentive prizes
- In class participation
- Having fun
- Homework
- Guest Speakers
- Field trips

Most importantly, these are lifetime skills that will be beneficial to you today and you will carry them into your future.

Sessions will be 1.5 hours in length. This group requires your commitment to, in your best effort, attend every session. Parents will drop off and return at the end of the session. Food and snacks will be provided by JDRF.

Speakers Bureau Sessions are TBD.



YA Buddies 2018-2019

The YA Buddies concept is simple, Youth Ambassadors helping other kids who have been diagnosed with T1D. YA Buddies is an extension of our JDRF T1D Connections Program. Our hope is to be able to provide support to newly diagnosed and children facing challenges in living with T1D by pairing them up with a YA Buddy. Our YA Buddies will be inspirations, good examples, supportive, and can introduce children who aren't familiar with JDRF to the programs, events, and activities that JDRF offers, like the Youth Ambassador Program.

YA Buddies will promote our Youth Ambassador Program, spread awareness about the opportunity to connect with a YA Buddy, and support our community's children living with T1D. We will schedule our YA Buddies in shifts during the Walk and Type One Nation to oversee the JDRF Youth Ambassador Booth.

To become a member of YA Buddies you must indicate that you would like to become a Buddy on the application form attached. You will be asked to fill out a profile at the kick-off in order to better pair you with other kids.

Once you have filled out your profile, our T1D Connections Chair will pair you up with a child that you will start to build a relationship with. You can text, IM, Instagram, Facebook, email, call, etc. You can invite them to meet-up somewhere, communicate through the outlets mentioned previously, become a part of your Walk Team and invite them to JDRF events, such as Type 1 Nation.

After they see how much fun they can have being involved they will surely want to become a JDRF Youth Ambassador, but regardless of their desire to become a YA, we are providing them with support and encouragement. You can make a difference in someone's life just by letting them know that they are not alone in living with T1D.

SOCIAL ACTIVITIES 2018-2019

TBD-More to come



JDRF Los Angeles Chapter

JDRF YOUTH AMBASSADOR PROGRAM FY18/19 APPLICATION

Child's Name _____ Male _____ Female _____

Birthday _____ Date Diagnosed _____

Mother's Name _____ Father's Name _____

Mailing Address _____

City _____ State _____ Zip _____

Child's Cell _____ Home Phone _____

Mother's Cell _____ Father's Cell _____

Mother's Email Address _____

Father's Email Address _____

Child's Email address _____

School _____ Grade _____

Emergency Contact _____ Phone # _____ Relation _____

Food Allergies – Please specify _____

Do you currently have a JDRF One Walk Team: Yes No
If yes, please tell us your team name _____

Yes, please sign me up to be a part of the Youth Ambassador Speakers Bureau

Yes, I want to be a YA Buddy.

I would like to run for office, please nominate me for: President Historian

Parent Signature Date

Youth Ambassador Signature Date

By signing this form you are giving your child permission to participate in the Youth Ambassador Program for the 2018-2019 school year.

Please return your application by any of the following methods:
JDRF Fax: 213.622.6276 / Email: spietrzak@jdrf.org
811 Wilshire Blvd., Ste 1600, Los Angeles, CA 90017



2018-2019
VIDEO/PHOTOGRAPH RELEASE FORM

I, _____ (please print) as the parent or guardian of _____

who is not of legal age, do hereby consent and authorize the JDRF to use and reproduce the video and or photographs taken of him or her and circulate same for promotion of JDRF events and purposes.

I further release the JDRF from any and all claims of damages for libel, slander, invasion of the rights of privacy, or any other claims based on, arising from, or connected with the use of said video and photographs. No representations have been made to me.

Witness _____

Signature _____

Of parent or guardian

Address _____

Telephone # _____

Date _____

Code of Conduct

As a JDRF Los Angeles Chapter Youth Ambassador you are valued and appreciated for your commitment to the organization. Your pledge as an Ambassador comes with many accountabilities. By accepting the title of a JDRF Youth Ambassador you understand that your behavior directly reflects upon JDRF's reputation. Youth Ambassadors are expected to conduct themselves in a manner that allows the furtherance of the JDRF mission. You are obligated to conduct yourself as a lawful member 100% of the time. Treating each other with respect, being punctual, a willingness to help and learn, a positive attitude and adherence to the volunteer conduct guidelines are all behaviors that are expected and encouraged.

For this reason JDRF has listed the following expectations:

If any of the following are violated a warning will be issued and an in-person meeting with a parent/guardian will be set.

1. Be courteous and respect the opinions of your peers, JDRF staff, donors and guests.
2. Absolutely NO verbal abuse of any kind will be tolerated.
3. Respect other's personal space.
4. Public displays of affection are limited to: hand holding, friendly hugs and kisses. Anything beyond these are considered inappropriate for JDRF events, outings, and/or activities.
5. Personal electronic devices do not have a place at JDRF fundraising events and activities (i.e. handheld video games, MP3 devices*see #6).
6. Personal listening devices are permitted on an event by event basis. The music must be appropriate for the group. Music listed as "parental advisory" or that have explicit content are not permitted.
7. Cell phones are allowed for emergencies and communicating with parents/guardians.
8. Any damage incurred to property or possessions not belonging to you will be paid for by the individual or individuals who cause the damage.
9. Youth Ambassadors must stay in groups of two or more at all times and must notify a Youth Ambassador Leader of your whereabouts. No one is permitted to go anywhere without a Youth Ambassador Lead's approval.
10. No one is permitted to get into a vehicle and travel anywhere with anyone without adult/parent's approval.
11. Punctuality is a high priority. Arrive 10-15 minutes prior to your scheduled time for all JDRF related activities, events, meetings you are scheduled to appear.
12. Attend all socials and volunteer opportunities you promise to be present – More than two (2) no shows will constitute as your resignation from the Youth Ambassador Program.



JDRF Los Angeles Chapter

The individual in violation of the following will be **immediately dismissed from the Youth Ambassador Program**. Parents or guardians will be notified and then they are responsible to come and get their child.

1. Any damages incurred to property or possessions not belonging to you with malicious intent will result in immediate dismissal.
2. Absolutely NO physical abuse with the intent to harm will be tolerated.
3. Drinking alcohol is strictly prohibited. If you are caught with alcohol your parents, as well as authorities, will be notified. You will not be permitted to remain in attendance of the JDRF event or activity and will be sent home immediately.
4. The use of any illegal substances is strictly prohibited. If you're caught with them, your parents, as well as the authorities will be notified. You will not be permitted to remain in attendance of the JDRF event or activity.
5. Any type of weapon (guns, knives, etc.) is not permitted. If found in your possession it will be grounds to have you immediately removed from the JDRF event or activity.

Dress Code

Please remember that you are representing JDRF in the community and the way you present yourself in your dress directly reflect on JDRF's reputation and influences the manner potential and current donors, sponsors, and JDRF supporters view of JDRF. You are an extension of JDRF and you represent the organization.

We want everyone to dress sensibly for the volunteer duty, social, and activity to avoid injuries and exposure to the sun.

1. All clothing should be of appropriate length (at minimum fingertip length for shorts, skirts, and dresses).
2. No undergarments should be exposed (underwear and/or brassieres)
3. No t-shirts or shirts with inappropriate, controversial, obscene, and/or suggestive sayings on them
4. No mid-drift tops

By signing below, I have read, understand, agree and will comply with the JDRF Youth Ambassador policies & procedures listed above.

Parent Printed Name: _____ Date: _____

Parent Signature: _____

Youth Ambassador Signature: _____

Outreach Manager Signature: _____

Youth Ambassador Received Copy: _____ Date: _____