

# *Plié Quilt*

A FREE PATTERN FROM BIRCH FABRICS  
BY BRETT LEWIS & ARLEEN HILLYER





## PLIE QUILT by Brett Lewis & Arleen Hillyer

**SKILLS** = Piecing On Point for the confident beginner.

**FEATURED SIZE** = Throw, 70" x 80".

**BLOCK MEASURES** = 7" finished.

**SEAM ALLOWANCE** = 1/4"

**WOF** = Width of Fabric: 44" cotton.

**RST** = Right Sides Together **ST** = Setting Triangle

**BEFORE YOU SEW:** Wash and dry your fabrics as you would once the quilt has been sewn. To preserve the longevity of the color and cotton, we suggest machine wash cold water with mild detergent, tumble dry low, or better yet, hang dry!

*We highly suggest to starch your fabric when you iron so that the fabric will not stretch out when you sew your ST and HST, as these are sewn on the bias.*

**TOOLS:** Rotary cutter, cutting mat, long ruler, thread snips. A 7.5" square ruler will be very helpful for squaring up your blocks.

### FABRIC REQUIREMENTS



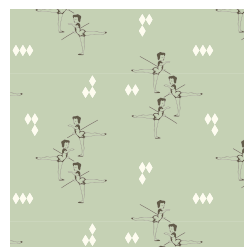
Rosette - 3/4 yd



Pas De Chat - 1/2 yd



Harlequinade - 3/4 yd



Arabesque Mint - 1 yd



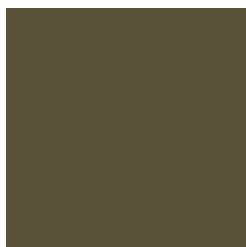
Rosette Stripe - 3/4 yd



Pirouette Dots - 1 yd



Wink Blush - 1/2 yd



Timber Solid - 1/4 yd



Peachy Solid - 1/2 yd

Fabric featured is *Pirouette* by Arleen Hillyer for Birch Fabrics.

**BACKING:** We used 108" wide fabric for the backing. You will need **2 1/4 yards of wide back, or 5 yards of 44" standard with fabric.**

**BINDING:** We used Solid Slate Poplin, however any of these fabrics would work! You will need **5/8 yards** cut at 2.5" x WOF.

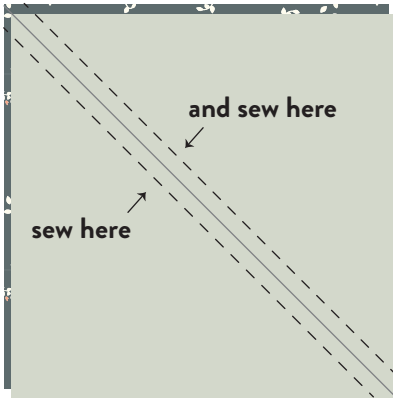
### CUTTING DIRECTIONS

Using a rotary cutter and ruler, square up fabric prior to cutting. To maximize fabric usage, do not cut off selvedge prior to cutting width of WOF strips. (1) WOF strip yields (5) squares.

FABRIC	HALF SQUARE & SETTING TRIANGLES	FOCAL BLOCKS
Rosette	(2) 8" x WOF strips, cross cut into (6) 8" squares. *	(1) 7.5" x WOF strips, cross cut into (8) 7.5" squares. *
Pas De Chat	(2) 8" x WOF strips, cross cut into (6) 8" squares. *	Use remaining 8" strip, cross cut into (4) 7.5" squares. *
Harlequinade	(2) 8" x WOF strips, cross cut into (6) 8" squares.	(1) 7.5" x WOF strips, cross cut into (9) 7.5" squares. *
Pirouette Dots	(2) 8" x WOF strips, cross cut into (6) 8" squares.	(2) 7.5" x WOF strips, cross cut into (14) 7.5" squares. *
Rosette Stripe	(2) 8" x WOF strips, cross cut into (7) 8" squares, and again into (14) ST. *	(1) 7.5" x WOF strips, cross cut into (8) 7.5" squares. *
Arabesque Mint	(2) 8" x WOF strips, cross cut into (10) 8" squares.	(2) 7.5" x WOF strips, cross cut into (10) 7.5" squares.
Wink in Blush	(2) 8" x WOF strips, cross into (6) 8" squares.	
Timber Solid	(1) 8" x WOF strip, cross cut into (4) 8" squares.	
Peachy Solid	(2) 8" x WOF strips, cross cut into (8) 8" squares, the cross cut again diagonally to make (16) ST.	

\*Use the extra 8" x WOF strip to create your 7 1/2" squares in addition to the required 7 1/2" WOF strip.

## BLOCK ASSEMBLY



We are making Half Square Triangles (HST), two at a time. Fabrics that require HST are cut 1" larger than the focal squares will finish.

1. Place the two 8" squares together, RST. Using a ruler and your favorite marking tool, mark a diagonal line corner to corner on the wrong side of the fabric.
2. Proceed with sewing a 1/4" from this diagonal line on both sides.\*
3. Cut along the original drawn line, open up your two squares and press the seam towards the darker fabric.

*\*Tip: this is a great opportunity for chain piecing!*

**draw a line here, then after sewing, cut along this line.**

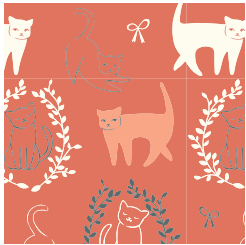
**This is what you'll make!**



**SETTING TRIANGLES:** Cut your 8" square in half along the diagonal to make 2 setting triangles. Each row will begin and end with a setting triangle, and will also make up your cornerstones of your quilt.

### ROLL CALL!

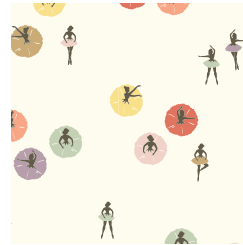
Organize your blocks per the chart below, so piecing will be a breeze!



Block 1 - (4)



Block 2 - (12)



Block 3 - (14)



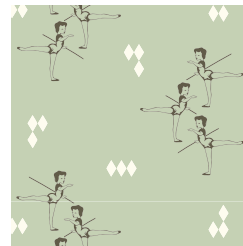
Block 4 - (16)



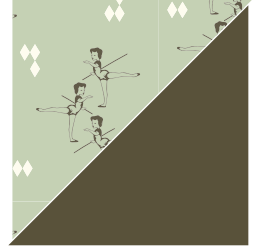
Block 5 - (8)



Block 6 - (12)



Block 7 - (10)



Block 8 - (8)



Block 9 - (9)



Block 10 - (12)



Block 11 - (8)



Block 12 - (14)

## PIECING THE TOP

The quilt top is pieced On Point, ie. On the Diagonal. This pattern utilizes numerous Half Square Triangles, Focal Squares, and Setting Triangles. The Quilt uses Setting Triangles as the Cornerstones (two ST), and for the beginning and end block of each row.

\*Pressing your rows in alternating directions ensures you can nest your seams together and reduces bulk. Wait to press your seams until you are joining your rows. Use Pins when sewing your rows together, noting where seams intersect and nest.

## PIECING THE TOP CONT.

**Row 1:** Begin by piecing a Solid Peach and Rosette Stripe ST together for the first Cornerstone and Diagonal Row.

**Row 2:** Place a Peach Setting Triangle to a Rosette 7.5" square, then piece this to the Rosette Stripe 7.5" square, and finish by piecing a Rosette Stripe Setting Triangle to the Rosette Stripe square.

Continue Piecing as per the Quilt Diagram with a total of 15 Rows. Press seam allowance for each row in alternating directions.





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## COLOR VERSION TWO

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Because we love options, and know that you do too!



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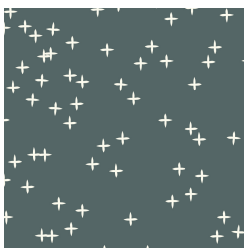
## FABRIC REQUIREMENTS

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Refer to page 2 for **backing** and **binding** requirements.



Swanhilda - 1 3/4 yd



Wink Slate - 1/4 yd



Arabesque Lavender - 3/4 yd



Bows Blush - 1 yd



Coppelia - 1 yd



Shroom Solid - 1/2 yd



Dark Plum Solid - 1/4 yd



Petal Solid - 1/2 yd



Coral Solid - 1/2 yd



## CUTTING DIRECTIONS

Using a rotary cutter and ruler, square up fabric prior to cutting. To maximize fabric usage, do not cut off selvedge prior to cutting WOF strips.  
 (1) WOF strip yeilds (5) squares.

FABRIC	HALF SQUARE & SETTING TRIANGLES	FOCAL BLOCKS
Swanhilda	(3) 8" x WOF strips, cross cut into (13) 8" squares, then cross cut (7) squares into (14) ST.*	(4) 7.5" x WOF strips, cross cut into (21) 7.5" squares.*
Arabesque Lavender	(2) 8" x WOF strips, cross cut into (6) 8" squares.*	(1) 7.5" x WOF strip, cross cut into (6) 7.5" squares.*
Bows Blush	(2) 8" x WOF strips, cross cut into (6) 8" squares.	(2) 7.5" x WOF strips, cross cut into (14) 7.5" squares.*
Coppelia	(2) 8" x WOF strips, cross cut into (10) 8" squares.	(2) 7.5" x WOF strips, cross cut into (8) 7.5" squares.
Wink in Slate		(1) 7.5" x WOF strip, cross cut into (4) 7.5" squares.
Coral Solid	(2) 8" x WOF strips, cross cut into (8) 8" squares, then again into (16) ST.	
Petal Solid	(2) 8" x WOF strips, cross cut into (6) 8" squares.	
Shroom Solid	(2) 8" x WOF strips, cross cut into (6) 8" squares.	
Dark Plum Solid	(1) 8" x WOF strip, cross cut into (4) 8" squares.	

\*Use the extra 8" x WOF strip to create your 7.5" squares in addition to the required 7.5" WOF strip.

**BLOCK ASSEMBLY:** Refer to instructions on page 3.

### ROLL CALL!

Organize your blocks per the chart below, so piecing will be a breeze!



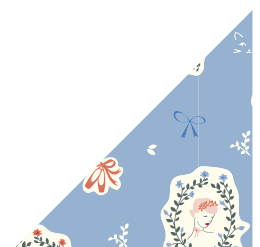
Block 1 - (4)



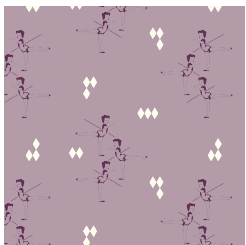
Block 2 - (12)



Block 3 - (21)



Block 4 - (14)



Block 4 - (6)



Block 6 - (12)



Block 7 - (14)



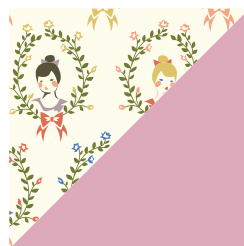
Block 8 - (16)



Block 9 - (8)



K - (8)



H - (12)



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## MODIFY THE QUILT

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**BORDERS:** Modify the finished look and size of the quilt with borders! To create a side border like the cover quilt the pattern is based on, cut (4) 3.5" strips x WOF. Piece two strips together creating (2) 3.5" x approximately 84". Trim down to match the length of your quilt (80" for the throw size). If your bordered edge is over 84", you will need to sew on a third strip and trim down to the desired length.

Borders can be any size you see fit to create the custom quilt size you like! Remember to add a 1/4" seam allowance to your border pieces.

**MAKE A DIFFERENT SIZE:** You can customize this pattern to suite any size quilt based on your block size. Here is a handy chart you can use to upsize or downsize your quilt. For example, the cover quilt is a 101 x 95" queen size quilt. Diagonal measurements can be messy, so measurements below have been rounded up to the next inch. Quilt sizes are approximate.

**BLOCK SIZE =** Unfinished block measurement.

QUILT SIZE	BLOCK SIZE	HST & ST
40 x 45"	4.5"	5"
50 x 57"	5.5"	6"
60 x 68"	6.5"	7"
70 x 80"	7.5"	8"
80 x 91"	8.5"	9"
95 x 101"	9.5"	10"
99 x 114"	10.5"	11"

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## FINISH THE QUILT

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**QUILT SANDWICH:** Layer the backing (wrong side up), batting and quilt top (right side up); baste and quilt as desired.

**BINDING:** From the binding fabric, cut 2.5" x WOF strips. Piece binding strips together using a diagonal seam. Fold the binding strip in half lengthwise, wrong sides together, and press. Sew the binding to the quilt by lining up raw edges. Sew 1/4" seam allowance. After the binding is sewn onto the quilt, fold over and either machine stitch or hand stitch to the other side of the quilt encasing the raw edges and finishing off the quilt.

**SHARE YOUR QUILT:** Because we love to see what you make! Use #pliequilt on Instagram and tag us @birchfabrics #birchfabrics!

*Thank you so much for sewing along with us! If you happen to spot an error, please reach out to arleen@birchfabrics.com.*



**KEEP IN TOUCH!** Find us on Instagram for inspiration, news, and quilty eye candy @birchfabrics @naturalbornquilter @tikimeow



