

DAYSPRING NEWS

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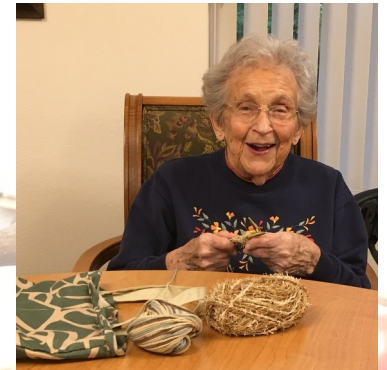
Independent Living in October

What a great month we've had! Our Cooking Club did it again. They made a great pastry dish with apples and cherries and lots of cinnamon sugar. We paired it with yummy vanilla ice cream. It was the perfect combination!

We brought in some colorful flowers and made amazing bouquets to spruce up our apartments. Everyone was very creative in their combinations of flowers. In the fall spirit we had an autumnal tea party. The ladies love their tea so much that we enjoyed some while they knit and I crocheted. We also went on a color tour to look at the beautiful leaves around the area.

And, as always, they had fun participating in our regular activities, such as Magazines and Manicures, Skip-Bo, Crosswords, and Movie Night. They are looking forward to the upcoming trips on the DaySpring bus. They love to go to restaurants, concerts, and shopping. They definitely like to keep busy!

Madolyn Hock
Life Enrichment
Coordinator



You are invited to go onto Facebook and LIKE our DaySpring Services Facebook page. You can follow us and see our postings.

We post pictures regularly. Please click LIKE on the pictures that are meaningful to you and click on Share and share our Facebook posts with your family and friends.

We'd love to have others see how much our residents and employees mean to us. Thank you!



DayBreak in October Norton Shores Site



DayBreak has been busy baking for our Fall Harvest season. We have made Autumn cupcakes, layered lemon dessert, peanut butter pie, and pineapple upside-down cake. Every Wednesday we look forward to enjoying these delightful treats in the afternoon.

Many of us made some nice table-top pumpkins out of beads. These turned out to be perfect for a party or Thanksgiving. We also made jack-o-lanterns and scarecrow wall hangings.

We took an outing to Robinette AppleHaus for a fun afternoon of pressing cider, hayrides, a corn maze, and apple picking. We are also looking forward to celebrating our Autumn Harvest Party.

Cindi McCarl
Lead Program Assistant



Recipe Corner: Fun With Leftovers!



Cheddar Turkey Casserole

Ingredients:

- 4 cups uncooked spiral pasta
- 1 garlic clove, minced
- 3 tablespoons butter
- 3 tablespoons all-purpose flour
- 1 teaspoon salt
- 1/4 teaspoon prepared mustard
- 1/4 teaspoon dried thyme
- 1/4 teaspoon pepper
- 2 cups 2% milk
- 1-1/2 cups (6 ounces) shredded cheddar cheese
- 2 cups cubed cooked turkey
- 2 cups frozen mixed vegetables, thawed
- 1/2 cup slivered almonds

Directions:

1. Preheat oven to 350 degrees. Cook pasta according to package directions.
2. Meanwhile, in a large saucepan, sauté garlic in butter until tender. Stir in flour, salt, mustard, thyme, and pepper. Gradually stir in milk. Bring to a boil; cook and stir 2 minutes or until thickened. Remove from heat; stir in cheese until melted. Drain pasta; place in a large bowl. Toss with turkey, vegetables, and cheese sauce.
3. Transfer to a greased 13 x 9 inch baking dish. Sprinkle with almonds. Bake, uncovered, 35-40 minutes or until heated through.

YIELD: 6 servings

DaySpring in October

Welcome fall! We have enjoyed watching the colors change on the trees. It's bittersweet; it's so beautiful, yet this color change comes with chilly weather. We have traded in our popsicles on the porch for hot apple cider and donuts in the soda shop. It's a bummer to have to move inside but Amy, Food Service Coordinator, makes delicious hot spiced apple cider!

We brought some of the fall colors into DaySpring with us! We did flower arranging with beautiful red, yellow, and orange fall flowers. We also made decorative wreaths with vibrant leaves. A new crowd favorite game we played was "Pumpkin Toss", everyone got very competitive!

Madolyn Hock
Life Enrichment Coordinator



Roman Gets Honored

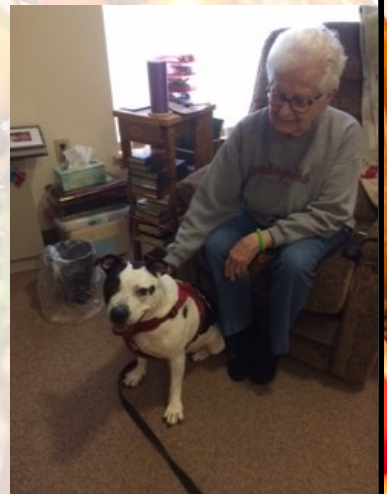
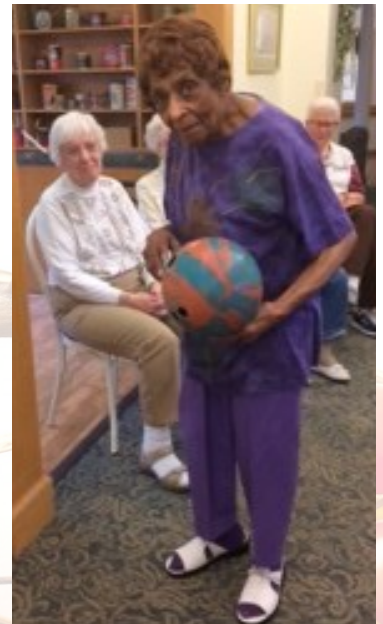


Longtime DaySpring resident, Roman Winkler, was honored on October 25th by the Knights of Columbus for his 73-year membership. He is not only the longest member, but the oldest. Roman is 91 years old. In 1946 he joined the Knights in the 1st Degree. For the next two years he obtained 2nd and 3rd Degrees of the Order. In 1948 he joined the 4th Degree along with his Father, Roman Winkler, Sr.

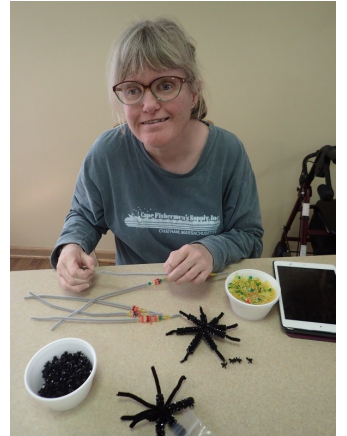
Congratulations Roman!



DaySpring in October



October Memories at DayBreak





"Serving Older Adults With God's Love"

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Muskegon, MI 49441

Phone: 231-780-2229
Fax: 231-780-9000

Let your family and friends know what's happening at DaySpring by reading the newsletter on our website and visit the DaySpring Services Facebook Page !

www.dayspringserves.com

November Birthdays

Agape Home:

Walter Harrald - 21st

Agape Home

At Blueberry Fields:

Steve Walachovic - 13th

DaySpring Independent Living Apartments:

Arloa Hoeker - 20th

DaySpring Assisted Living:

Marie Kuypers - 11th

Rene Sibley - 16th

Doris Brondsema - 18th

Judy Gotwalt - 28th

DaySpring Services

Employees:

Doug Hill - 5th

Samone Chandler - 8th

Anne Rorem - 16th

Deb Jagnecki - 20th

Precious Douglas - 21st

Just For Fun!

Q: Why did they let the turkey join the band?

A: "Because he had the drumsticks."

Q: If April showers bring May flowers, what do May flowers bring?

A: "Pilgrims."

Q: Why does a pilgrim's pants always fall down?

A: "Because they wear their belt buckle on their hat."

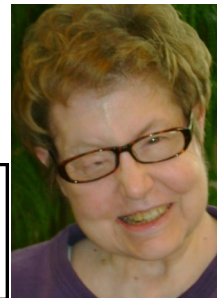
Q: What is a pumpkin's favorite sport?

A: "Squash."

Q: Why did the police arrest the turkey?

A: "They suspected fowl play."

KATHY'S OMIC CORNER



Provided by
DaySpring
Resident
Kathy Hale

DaySpring Services Leadership Team

DaySpring Assisted Living Residence

Rick Ebeling, President

Nathaniel Ebeling, Director of Operations

Cathy Julien, LPN, Resident Life Coordinator

Nathaniel Ebeling, Interim Administrator

Debbie Curtis, Administrative Assistant

Pam Waybill, Financial Services

Lisa Luckey, Marketing/Business Development Director

Jeff Sawin, Facilities Coordinator

Madolyn Hock, Life Enrichment Coordinator

Amy Mueller, Food Services Coordinator

Carly Wing, Human Resources Coordinator

DaySpring Independent Living Apartments

Madolyn Hock, Life Enrichment Coordinator

DaySpring In-Home Care/Life-Enrichment Services

Marlene Blanchette, In-Home Care & Life Enrichment

DayBreak Adult Day Services

Nathaniel Ebeling, Interim Program Coordinator- Norton Shores

Tina Hamilton, Program Coordinator- Northside

Agape Home and Agape Home at Blueberry Fields Assisted Living Residences

Anne Rorem, Resident Life Coordinator

Yolandas Stegall, Resident Life Coordinator Assistant

OUR MISSION STATEMENT

We exist to enrich the lives of older adults by partnering with them to maintain their independence and dignity.

Our mission is to minister to the physical, emotional, and spiritual needs of our frail and memory impaired residents.

We are dedicated to nurturing human spirits through "quality of the moment" programming based on the elements of life itself; socialization with friends, joy in accomplishments, and the opportunity to share God's tender mercy.

We also enhance the lives of family members by assisting them to find peace of mind through loving support and education.