

DAYSPRING NEWS

September Sunshine

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Mission Statement

In the month of September, DayBreak participants enjoyed spending time outside to soak up the the glorious summer sunshine. Some of our favorite games to play outside are croquet, horseshoes, ring toss, and catch. Lisa excelled at horseshoes and was also a great cheerleader for her peers.

DayBreak participants also enjoyed their time in our jungle-themed classroom. We played jungle trivia, and jungle jingo where participants had the opportunity to win prizes. Participants also created some beautiful art pieces, including a tiger painting, leaf transfer images, and a picture of a fall scene.

Sydney Wisniewski, Program Coordinator



You are invited to go onto Facebook and LIKE our DaySpring Services Facebook page. You can follow us and see our postings. We post pictures regularly. Please click LIKE on the pictures that are meaningful to you and click on Share and share our Facebook posts with your family and friends. We'd love to have others see how much our residents and employees mean to us. Thank you!



Slow Cooker Turkey Chili



INGREDIENTS:

- 1/2 pound ground turkey breast
- 1 can (28 oz.) diced tomatoes, undrained
- 1 jar (16 oz.) thick and chunky salsa
- 1 can (15.5 oz.) black beans, rinsed
- 1 can (15.5 oz.) kidney beans, rinsed
- 1 can (15.5 oz.) great Northern beans, rinsed
- 1 tsp. chili powder
- 1 tsp. ground cumin
- 1 pkg. (7 oz.) shredded cheddar cheese

INSTRUCTIONS:

1. Cook turkey in large saucepan on medium heat minutes or until no longer pink, stirring Occasionally.
2. Add to slow cooker with all remaining ingredients except cheese; stir. Cover with lid.
3. Cook on HIGH 3 to 4 hours (or on LOW 5 to 6 hours).
4. Spoon into soup bowls; top with cheese.
- 5.

APPLE SLICE COOKIES

- 1 apple
- 1/4 cup peanut butter
- 1/4 cup almonds, sliced
- 1/4 cup walnuts, chopped
- 1/4 cup shredded coconut
- 1/4 cup chocolate chips



Slice apple into thin rings and remove core. Spread peanut butter over one side of ring. Top with almonds, walnuts, coconut, and chocolate chips.

Flu Shot Clinic

Walgreen's Pharmacy will be hosting a Flu Shot Clinic on Tuesday, October 29th, from 1:00 to 2:00 p.m. If you wish for your loved one to receive the vaccination here, please fill out the consent form that was mailed to you last month and return it. If you do not have a form, please stop in the front office to get one.

Thank you,

Cathy Julien, LPN
Resident Life Coordinator

Following a Dream...

Dear Residents, Families and the Amazing Staff at DaySpring,

"It is with mixed emotions, that I share with you that I am stepping away from my position as Administrator at Dayspring, effective October 11th. Nathaniel Ebeling, current Director of Operations, will be serving as Interim Administrator.

The reason I am leaving, is that I have been accepted into the Masters in Counseling program at Spring Arbor University. Pursuing this degree has been a dream of mine for a very long time, but I never thought all the pieces would fall into place the way they have. God has definitely opened doors over the past few months, and I am faithfully, walking through them!

I hope you've been able to see that working with seniors is my passion, and I hope to continue on with that in various ways through my counseling. I have the blessings of the Ebelings to return to DaySpring to visit and/or volunteer, so hopefully, I'll still see you around on occasion. I will continue to be an open ear, a shoulder, and a friend, if needed, to all of you.

Be well, and continue to seek out the small moments – they can mean so much!

Much love and appreciation for allowing me into your lives."

Lisa Wright

Life at Our Independent Living Apartments

This month was filled with many laughs and great memories were created! We had our usual movie night, however this time we spiced it up and wore our pajamas! We were all comfy in our jammies enjoying some yummy snacks while we watched "An American in Paris".

We had so much fun enjoying the outdoors. We would go on walks, sit on the front patio, and play ladder ball! The high score this month was 31 points!

As always, the ladies love to get their hair done at the beauty shop at DaySpring Assisted Living. Sometimes they even stick around for the Ice Cream Social. Who can turn down ice cream?

In honor of summer coming to an end, we had a picnic in front of the apartments with delicious hot dogs and yummy S'mores courtesy of Amy Mueller, Food Service Coordinator. As we said goodbye to summer, we said hello to fall with a trip to Robinette's in Grand Rapids with some fresh doughnuts and apple cider!



September Fun at DaySpring

What a great month! As always, we enjoyed our Ice Cream Socials and our Popsicles on the Porch, however, we are getting ready to trade the popsicles in for something a little more autumnal! Despite all the rain we had this month, we were still able to get out and enjoy the nice weather. Even on those rainy days we enjoyed listening to music, doing puzzles, coloring, and other fun activities!



September Memories





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Let your family and friends know what's happening at DaySpring by reading the newsletter on our website and visit the DaySpring Services Facebook Page !

www.dayspringserves.com

October Birthdays

Agape Home:

Gloria Davis - 12th
Connie Johnston - 15th

DaySpring Assisted Living:

Terry Hagen - 5th
Rita VanNunen - 24th

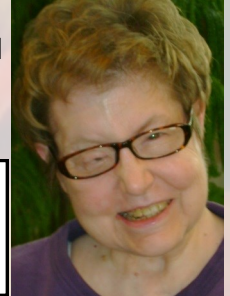
DaySpring Services Employees:

Beverly Hilliard - 4th
Julie Smith - 6th
Shayla Dreese - 10th
Jessica Schleh - 18th
Pat Schmockel - 20th
Tabby Morris - 21st
Yolandas Stegall - 30th

Autumn Fun!

- Q: Why did the scarecrow win the Nobel Prize?
A: "Because he was out-standing in his field."
Q: What is a scarecrow's favorite fruit?
A: "Straw-berries."
Q: You're a bus driver on a fall color tour. At the first stop 4 people get on. At the second stop 8 people get on. At the third stop 2 people get off and at the fourth stop everyone got off. The question is what color are the bus driver's eyes?
A: "The same as yours. You're the bus driver."

KATHY'S OMIC CORNER



Provided by
DaySpring
Resident
Kathy Hale

DaySpring Services Leadership Team

DaySpring Assisted Living Residence

Rick Ebeling, President
Nathaniel Ebeling, Director of Operations
Cathy Julien, LPN, Resident Life Coordinator
Lisa Wright, Administrator
Debbie Curtis, Administrative Assistant
Pam Waybill, Financial Services
Lisa Luckey, Marketing/Business Development Director
Jeff Sawin, Facilities Coordinator
Madolyn Hock, Life Enrichment Coordinator
Amy Mueller, Food Services Coordinator
Carly Wing, Human Resource Coordinator

DaySpring Independent Living Apartments

Madolyn Hock, Life Enrichment Coordinator

DaySpring In-Home Care/Life-Enrichment Services

Marlene Blanchette, In-Home Care & Life Enrichment

DayBreak Adult Day Services

Nathaniel Ebeling, Interim Program Coordinator- Norton Shores
Laura Hardy, Interim Program Coordinator- Northside

Agape Home and Agape Home at Blueberry Fields Assisted Living Residences

Anne Rorem, Resident Life Coordinator
Yolandas Stegall, Resident Life Coordinator Assistant

OUR MISSION STATEMENT

*We exist to enrich the lives of older adults by partnering with them to maintain their independence and dignity.
Our mission is to minister to the physical, emotional, and spiritual needs of our frail and memory impaired residents.
We are dedicated to nurturing human spirits through "quality of the moment" programming based on the elements of life itself; socialization with friends, joy in accomplishments, and the opportunity to share God's tender mercy.
We also enhance the lives of family members by assisting them to find peace of mind through loving support and education.*