

BCMOS

The BC Mobility Opportunities Society provides wilderness access for people with disabilities, thanks to the Trail Rider, which makes any trail accessible. For more information, call 604-688-6464 or go to bcmos.org.

Pacific Spirit Park Society

There are many ways to volunteer and make a positive difference in the park. Remove invasive species, help in ecological restoration projects, join the board and more. For more information, go to pacificspiritparksociety.org.

Metro Vancouver Regional Parks Foundation

Find out how you can donate to the parks you love at MVRPFoundation.ca.

Park Conditions

Park conditions are posted on metrovancover.org. To report conditions or situations requiring the assistance of regional parks, phone or leave a message at 604-224-5739.

Pacific Spirit Regional Park

Electoral Area A
University Endowment Lands

Explore lush forest trails on foot, bike or horse, climb down steep trails to scenic natural beaches with expansive ocean and mountain views or discover the fragile ecosystem of Camosun Bog.



Further information:
Area office for Pacific Spirit, 604-224-5739
Metro Vancouver, 604-432-6200
metrovancover.org

Mailing Address:

Metro Vancouver Regional Parks
4515 Central Blvd, Burnaby, BC
Canada V5H 0C6

Dec / 2022

REGIONAL PACIFIC SPIRIT PARK

Trails and Recreation

Environmentally Sensitive Areas

Access to environmentally sensitive areas is strictly controlled and requires a special use or research permit. Ecological Reserve No. 74 is not open to the public. The reserve protects 90 hectares of second-growth forest ecosystems and is one of 152 ecological reserves established in BC. Camosun Bog is an ecologically-sensitive area that is open to the public via boardwalk. Protect this fragile ecosystem by staying on the boardwalk and keeping dogs on-leash.

Shared Trails



Of the 55 kilometres of trail in the park, more than 34 are multi-use and are shared by walkers, dog walkers, cyclists and equestrians. According to the trail user's courtesy code, walkers yield to horses, and cyclists yield to both walkers and horses. Off-trail use is prohibited because it causes erosion and damages habitat. Stay on the trails shown on the map.

Dogs



Dogs are welcome on many trails in Pacific Spirit. Watch for Canine Code of Conduct and trail designation signs. Dog walking rules and trail designations are in place to protect sensitive habitat and to ensure a safe, enjoyable experience for all park visitors. Please scoop your dog's poop and dispose of it properly.

Accessibility



Accessible washrooms and picnic tables are located at the park centre at 16th Avenue and at the Clinton Meadow picnic area. The Camosun Bog boardwalk can be accessed from 19th Avenue. See the back panel for info about the BCMOS's Trail Rider.

No Smoking



Smoking is not permitted in regional parks, except in designated areas. Signs mark the designated areas.

Beach Activities



Natural, undeveloped rock and cobble beaches extend along the foreshore from Acadia Beach to the historic monument.

Beach access trails are steep (except for Acadia Beach) and the slopeside trail between Trail 6 and Trail 7 can be challenging. The beach, except at Acadia Beach, is clothing optional. Toilets are at Trail 6 and Acadia Beach. Please carry litter out to trailhead garbage cans. Swim at your own risk; no lifeguards are on duty.

No Liquor, No Camping, No Fires and No Harvesting



Liquor, camping and fires are prohibited. To protect park habitat, collecting mushrooms, fiddleheads or other vegetation is prohibited.

Enjoy the Park Safely

Regional parks are natural areas and can present hazards for the unprepared. Look, listen and be aware of your surroundings. Be prepared for changing conditions. Please obey all signs and enjoy your visit.

Emergencies



In case of emergency, phone 9-1-1 for fire, ambulance, and police services.

General Information

Park Hours

In general, parks are open during daylight hours. Park hours are posted at park entrances; earliest closing time is 5 pm. Gates are locked when the park is closed.

Park Programs

For information on programs, field trips and events, go to metrovancoveronline.org or call 604-432-6359.

Rules and You

Help ensure the future of our region's natural treasures. Please follow park regulations, established to protect park habitats, wildlife, and facilities. You can make a difference!

PACIFIC SPIRIT REGIONAL PARK

1 WEST

ACADIA BEACH TO TRAIL 6:

MAR 1 – SEP 30 **NO DOGS**

OCT 1 – FEB 28 **LEASH OPTIONAL**
and under control



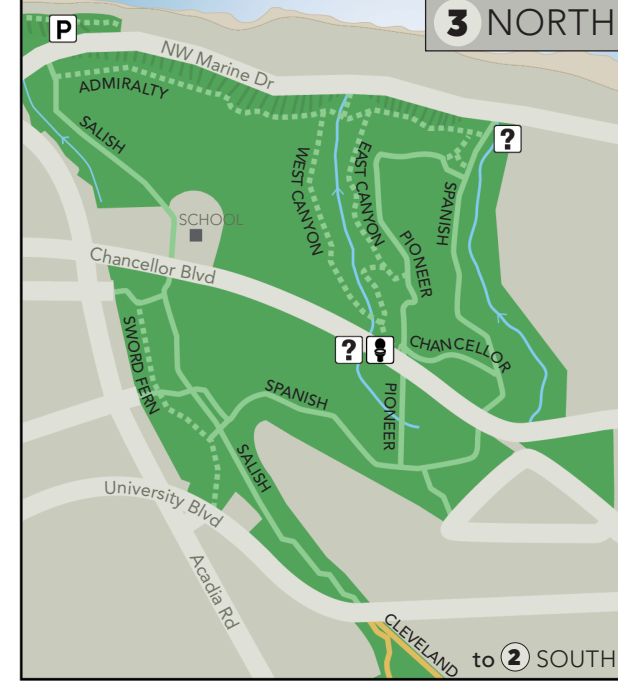
No commercial dog walkers in the beach area year-round.

to **3 NORTH**



2 SOUTH

3 NORTH



PARK OVERVIEW



TRAIL DESIGNATIONS

Leash OPTIONAL & UNDER CONTROL	Leash REQUIRED
HIKING ONLY	
SHARED TRAIL	

0 500 m

metrovancover