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**Handicap golf average score. How to increase your golf handicap. What is a good golf handicap index. How to figure out your handicap for golf. How to tell my handicap in golf.**

Handicap allowances ensure fair play for golfers of different abilities in various formats, for 9 or 18 holes. They are based on the Course Handicap, which is used to calculate the Playing Handicap (see Rules 6.1 and 6.2). The National Association sets the handicap allowances, or it can delegate this task to a Regional Golf Association or golf club. The table below shows the suggested handicap allowances for medium-sized field net events. They can be modified depending on the field size and the desired fairness (see Interpretation C/1): Handicap Competitions: The Committee should state the handicap allowance in the Terms of the Competition. Usually, in stroke play formats, a player gets their full Playing Handicap after applying the handicap allowances. Usually, in match play formats, the player with the lowest Playing Handicap plays with zero strokes relative to the other player(s). The other player(s) get(s) the difference between their Playing Handicap and the lowest one. Plus Playing Handicaps: If the Committee does not say otherwise, players with a 'plus' Playing Handicap return strokes to the course, starting from the hole with stroke index 18. For instance, a player with a Playing Handicap of +2 would return strokes at the holes with stroke index 18 and 17. When handicap allowances are applied, a player with a plus Playing Handicap moves up to zero with rounding. This keeps the same relative difference between Playing Handicaps. Extra Holes: Handicap allowances are meant for 9 or 18 holes.

**Golf Handicap Calculator**

The calculator will calculate the handicap of a golfer given data from all their best rounds of golf. The higher the handicap of a golfer, the greater the golfer's ability relative to that of a professional player.

Round	Course Rating	Score	Stroke Index	Net Score
Round #1				
Round #2				
Round #3				
Round #4				
Round #5				

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**What's My Handicap**

**GOLF HANDICAP CALCULATOR**

**HOW TO WORK OUT YOUR HANDICAP IN SECONDS**

Hole	Player's Name	Stroke Index	Score	Net Score	Stroke Index	Score	Net Score
1	Roadside	438	438	4	7		426
2	Bullworth	404	394	4	3		342
3	Short One Back	392	372	4	3	17	118
4	Long One Back	471	461	5	13		402
5	Heath	399	399	4	5		356
6	Vinkat	455	400	4	1		391
7	Almscliffe	383	373	4	11		359
8	Water	354	344	4	15		323
9	Pantlow	381	381	4	9		369
		<b>OUT</b>	<b>3437</b>	<b>3322</b>	<b>36</b>		<b>3088</b>
<b>PLEASE AVOID SLOW PLAY AT ALL TIMES</b>							
10	Blair's Fairy	142	132	3	18		116
11	Stapleford	478	468	5	4		450
12	Secretary's Wood	459	446	4	2		360
13	Lower	488	476	5	8		418
14	Mirador	396	366	3	16		332
15	Waterloo	215	205	3	14		189
16	Long Ridge	494	484	5	9		414
17	Jack's Corner	193	180	3	12		156
18	Down Spring	355	345	4	10		338
		<b>IN</b>	<b>3177</b>	<b>3084</b>	<b>36</b>		<b>2753</b>
		<b>OUT</b>	<b>3437</b>	<b>3322</b>	<b>36</b>		<b>3088</b>
		<b>TOTAL</b>	<b>6614</b>	<b>6406</b>	<b>72</b>		<b>5839</b>
		<b>SSS</b>	<b>72</b>	<b>71</b>	<b>73</b>		<b>72</b>

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Hole	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Net
Per	4	4	5	4	4	4	3	4	4	3	5	3	3	3	3	3	3	3	32
Round 1	4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	31
Round 2	4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	31
Round 3	4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	31
Round 4	4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	31
Round 5	4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	31

**How to figure out your handicap for golf. How to tell my handicap in golf.**

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**HITTING THE GOLF BALL**

Free Golf Handicap Calculator

Hole	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Net
Per	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	32
Round 1	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	31
Round 2	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	31
Round 3	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	31
Round 4	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	31
Round 5	4	4	4	4	4	3	4	4	3	4	3	3	3	3	3	3	3	3	31

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