

4 HOMEOPATHIC REMEDIES FOR UTIs IN DOGS

UTIs cause your dog a lot of irritation.

But with these homeopathic remedies recommended by Dr Sara Chapman and Dr Dee Blanco, you can bring your dog some relief.

Discover the remedy that best fits your dog's symptoms.

APIS MELLIFICA

Apis mellifica is Dr Blanco's favorite starting remedy for bladder symptoms. It's good for dogs who experience:

- Burning sensations when urinating
- A frequent desire to urinate but can only pass a few drops
- Incontinence
- Sensitivity in the mid-back, over the kidney area
- Worse symptoms with heat or when covered
- Better symptoms with cool air and moving around

ACONITE

Aconite is a great remedy for frightened, shocked, or overexcited dogs. *Aconite* can help with common bladder symptoms like:

- Straining
- Burning
- Unproductive or painful urination
- Brown or brick-red urine

NUX VOMICA

Nux vomica is a good remedy for many dogs with bladder complaints. It's great for these symptoms:

- Spasms, cramping or straining to urinate
- History of exposure to toxins like flea and tick medications
- Cold natured (not cuddly, avoids your touch, tries to hide)
- Constipation or any GI issues

With these symptoms, consider intoxication as the cause.

MERCURIUS

Remember, this is a homeopathic remedy, so it isn't toxic like mercury! It helps with acute UTIs, especially when *Nux vomica* doesn't work. *Mercurius* is helpful when your dog ...

- Has blood in her urine
- Feels a frequent need to go out and urinate
- Seems to be restless
- Is panicked to get out for a pee, or seems distressed
- Has very strong-smelling urine
- Seems to be thirsty for cold water
- Has any extreme straining, either for diarrhea or urine

HOW TO GIVE YOUR DOG HOMEOPATHIC REMEDIES

Homeopathic remedies will usually come in pellet form. You'll want to look for a 30C potency.

To prepare your remedy, take 3 pellets, add them to ½ cup purified water and stir for about 30 seconds. This will leave you with several doses.

Don't refrigerate. Store the remaining mixture at room temperature on the counter, covered with a napkin.

Give about 1 ml from a dropper or syringe. All you need to do is get some liquid on your dog's gums.

If your dog has intense attacks, repeat the remedy every 15 minutes for a total of 3 doses.

After you've dosed 3 times, stop and watch for an hour or so.

If the symptoms subside, don't re-dose. Sleep is a good response, especially if followed by a lot of urine later on with no issues.

If the symptoms return, stir it up and give her another dribble.

Tip: In homeopathy, every size dog gets the same dose. It doesn't matter if you have a Great Dane or a Doxie. What matters is the potency and how often you give the remedy.

