

# EXPLORE THE CITY THAT NEVER SLEEPS WITH WHITNEY PORT AND KEVITA.

It doesn't get bigger and brighter than New York City! Whether you're planning a vacation there or just looking for a local adventure with friends, Whitney Port has put together a list of her most beloved spots. Grab a bottle of KeVita and Drink in Culture as she shows us her favorite spots in the Big Apple.



### 1. WANDER THE UPPER EAST SIDE

"The UES is definitely my favorite neighborhood in the city. My family and I love to stroll Museum Mile, KeVita in hand, and go on the NYC Architecture Walks. There are lots of old, beautiful restored mansions, including the old home of President Ulysses S. Grant. The brownstones are stunning, and the shopping is outstanding!"

#### 4. FERRY OVER TO GOVERNORS ISLAND FOR A POP

"Governors Island offers events and activities with unbeatable NYC skyline views – and it's just a 10-minute ferry ride from Lower Manhattan. There are plenty of places to grab a bite, but I love going to People's Pops, an artisanal ice pop shop that uses locally grown fruits and herbs. It's a colorful, fun snack that both kids and adults love – and it's healthy enough that moms like me approve!"

## 2. GRAB A COCKTAIL AT THE GARRET

"Whether you're with a date or a group of girlfriends, if you're looking for a cool, trendy bar, I recommend The Garret. They have a few locations, but the one in the East Village is right near a ton of restaurants I love. It's decorated like a posh, retro apartment, and the cocktails are super flavorful—even the names are quirky!"

#### 5. HAVE A TASTE OF THE BIG APPLE APPLES

"As summer winds down and we start looking forward to fall, cider tastings are a great activity for a weekend day with friends. If you're in the Brooklyn area, I'd recommend checking out Brooklyn Cider House, which is known for their natural ciders and spacious patio. You can even join in on 'cider catching,' where you learn how to catch the cider in your glass as it pours from the barrel spout."

## 3. HANG OUT WITH THE GRILLS

"Since New York City has such a wide variety of great restaurants, visitors oftentimes don't realize there are free outdoor grilling areas in many of the public parks across the city. So next time you're in NYC and the weather is nice, grab a group of friends or family, a cooler of KeVita and some burger supplies to take advantage of one of the many outdoor grilling spots! My favorites are the grills on Pier 5 at Brooklyn Bridge Park (for a great view of the skyline) or Randall's Island Park (best when the island is hosting a music festival nearby)."

### 6. HOT YOGA...ANYWHERE

"My husband and I love doing hot yoga to stay in shape – it's a great way to sneak a little relaxation into a busy travel day. Even if I'm away on a work trip, I can go to any of the numerous hot yoga studios in New York City through ClassPass. I recommend it to any regular travelers that want to easily incorporate working out into their travels!"